

EDUCATION 486-4 Special Topic: "Integrating Educational and Traditional Gymnastics"
Spring, 1980 Semester
Tuesday Evenings 4:30 - 8:30 PM

This course is designed to illustrate how the movement concepts, principles and teaching strategies of Educational Gymnastics can be integrated with a Traditional Gymnastic Program. The course is primarily designed for elementary school teachers who have had coursework or teaching experience in either Traditional and/or Educational Gymnastics.

Topic Outline:

1. History of Traditional and Educational Gymnastics
2. Contemporary gymnastic programs
3. Rationale for integrating two approaches
4. Stunts, tumbling and movement elements
5. Equipment and movement elements
6. Large apparatus and movement elements

Required Texts:

Kirchner, G. Physical Education For Elementary School Children, 4th edition, Dubuque, W.M.C. Brown, 1978

Szypula, G. Tumbling and Balancing For All, Dubuque, W.M.C. Brown Co., 1968

EDUCATION 486
Integrating Formal and Educational Gymnastics
Dr. Glenn Kirchner
Tuesday Evenings 4:30 - 8:30 PM

SPRING 1980
SEMESTER

The primary focus of this course will be to show how the movement concepts, skills, and exploratory teaching strategies of the movement education approach can be effectively integrated with formal gymnastics. This will be accomplished through lectures, tutorials and practical laboratory sessions. Proficiency in formal or educational gymnastics is desirable but not mandatory. Student evaluation in this course will be based on acquired knowledge and teaching competence and not upon demonstrated physical proficiency.